

Trail Running Guide

China 2026

124 race distances across 60 events

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At a Glance

Total race distances: 124

Upcoming: 79

ITRA-rated: 98

UTMB Index: 17

Race Calendar

Huanglong Extreme Endurance Race

Songpan, Sichuan

78 km	+4,374m	ITRA 4pt	Jun 26, 2026
109 km	+5,813m	ITRA 5pt	Jun 26, 2026
30 km	+1,439m	ITRA 1pt	Jun 27, 2026
14 km	+647m	ITRA 0pt	Jun 27, 2026
49 km	+2,582m	ITRA 2pt	Jun 28, 2026

Outdoor Agents Yichun Nine Peaks Mountain Trail Race

Yichun, Heilongjiang

25 km	+851m	ITRA 1pt	Jul 4, 2026
14 km	+405m	ITRA 0pt	Jul 4, 2026
50 km	+2,250m	ITRA 2pt	Jul 4, 2026
70 km	+3,243m	ITRA 3pt	Jul 4, 2026
100 km	+4,295m	ITRA 4pt	Jul 4, 2026

Ultra Trail Mount Liupan

Guyuan, Ningxia

49 km	+1,862m	ITRA 2pt	Jul 4, 2026
89 km	+4,286m	ITRA 4pt	Jul 4, 2026
14 km	+113m	ITRA 0pt	Jul 5, 2026
29 km	+851m	ITRA 1pt	Jul 5, 2026

Nike ACG Chongli 168 Ultra Trail

Zhangjiakou, Hebei

11 km	ITRA 0pt	Jul 11, 2026	
50 km		Jul 11, 2026	
70 km	+3,241m	ITRA 3pt	Jul 11, 2026
27 km		Jul 12, 2026	

Liupan Mountain Super Trail Race

Guyuan, Ningxia

— Jul 24, 2026

Yangming Wendao 100 Trail Race

Guiyang, Guizhou

101 km	+4,445m	ITRA 4pt	Jul 25, 2026
26 km	+977m	ITRA 1pt	Jul 25, 2026
13 km	+337m	ITRA 0pt	Jul 25, 2026
50 km	+1,889m	ITRA 2pt	Jul 25, 2026

Liangdu Liupanshui City Mountain Trail Race

Liupanshui, Guizhou

98 km | +5,493m | ITRA 4pt Jul 25, 2026
26 km | +1,659m | ITRA 1pt Jul 26, 2026
16 km | +933m | ITRA 0pt Jul 26, 2026
54 km | +2,910m | ITRA 2pt Jul 26, 2026

Yunnan Tea-Horse 1000 Li Trail Race Anning

Kunming, Yunnan

107 km | +4,801m | ITRA 3pt Jul 25, 2026
74 km | +3,351m | ITRA 3pt Jul 25, 2026
44 km | +1,933m | ITRA 2pt Jul 25, 2026
33 km | +1,100m | ITRA 1pt Jul 25, 2026

Chongli Cloud Peak Trail Race

Chongli, Hebei

40 km | +1,532m | ITRA 2pt Jul 26, 2026
25 km | +1,019m | ITRA 1pt Jul 26, 2026
15 km | +529m | ITRA 0pt Jul 26, 2026
9.0 km | +394m | ITRA 0pt Jul 26, 2026

Wild Qilian Trail Run

Wuwei, Gansu

48 km | +2,928m | ITRA 3pt Jul 26, 2026
31 km | +1,657m | ITRA 1pt Jul 26, 2026

Qixingguan Butterfly Trail Race

Bijie, Guizhou

53 km | +2,877m | ITRA 3pt Aug 2, 2026

Animaqing Extreme Challenge

Guoluo, Qinghai

55 km | +2,560m | ITRA 3pt Aug 7, 2026

Haituo Mountain Super Trail Race

Zhangjiakou, Hebei

160 km | +7,355m | ITRA 6pt Aug 14, 2026

Xiaowutai Mountain Elite Race

Zhangjiakou, Hebei

— Aug 15, 2026

Chongli Cuiyun Mountain 50K Trail Race

Chongli, Hebei

31 km | +1,686m | ITRA 2pt Aug 16, 2026

Baokang Yaozhi River Trail Race

Xiangyang, Hubei

— Aug 22, 2026

Dalian Guanglu Island Moonlight Trail Race

Dalian, Liaoning

20 km | +360m | ITRA 0pt Aug 22, 2026

Beiling Mountain Trail Race

Zhangjiakou, Hebei

40 km | +1,956m | ITRA 2pt Aug 23, 2026

MAMMUT Yabuli Sky Trail Race

Harbin, Heilongjiang

39 km | +2,140m | ITRA 2pt Aug 30, 2026

KAILAS Northeast 100 Lake Songhua Mountain Running Race

Jilin

100 km | +5,305m | ITRA 4pt Sep 4, 2026
29 km Sep 5, 2026
54 km | +3,238m | ITRA 3pt Sep 5, 2026
20 km Sep 6, 2026

Wugong Mountain Super Trail Race

Pingxiang, Jiangxi
— Sep 5, 2026

Dajingmen Great Wall Trail by UTMB

Zhangjiakou, Hebei
68 km | +2,600m | ITRA 3pt | UTMB Sep 11, 2026
100 km | +3,800m | ITRA 4pt | UTMB Sep 11, 2026
52 km | +2,100m | ITRA 2pt | UTMB Sep 12, 2026
31 km | +1,460m | ITRA 1pt | UTMB Sep 13, 2026

Guiyang 100 Sky Mirror Trail Race

Guiyang, Guizhou
100 km Sep 12, 2026

361 Taiwu Chongli Summit Trail Race

Chongli, Hebei
41 km | +2,116m | ITRA 2pt Sep 13, 2026

XTERRA Alxa Desert Challenge

Alxa, Inner Mongolia
51 km | +690m | ITRA 2pt Sep 13, 2026

Zhongwei Desert Trail Race

Zhongwei, Ningxia
50 km Sep 25, 2026

BLACKYAK Yanbian 100 Trail Race

Yanji, Jilin
100 km | +4,000m | ITRA 4pt Sep 25, 2026

Jinshanling Great Wall Trail

Chengde, Hebei
50 km | UTMB Sep 26, 2026
100 km | UTMB Sep 26, 2026
30 km | UTMB Sep 26, 2026
10 km | UTMB Sep 27, 2026

Lin'an Linglong 100 Trail Race

Hangzhou, Zhejiang
41 km | +2,050m | ITRA 2pt Sep 26, 2026

Longji Terraces Trail Running Race

Guilin, Guangxi
95 km | +6,000m | ITRA 5pt Sep 26, 2026
52 km | +3,217m | ITRA 2pt Sep 26, 2026
15 km | +718m | ITRA 0pt Sep 27, 2026
31 km | +1,640m | ITRA 1pt Sep 27, 2026

Basongcuo Super Trail Race

Linzhi, Tibet
101 km | +2,602m | ITRA 3pt Sep 26, 2026

KAILAS Gongga 100 Glacier Extreme Challenge

Luding, Sichuan
100 km Sep 26, 2026

Kunyu 50 Super Trail Race

Weihai, Shandong
42 km | +1,582m | ITRA 2pt Sep 27, 2026

Lushan Trail Race

Jiujiang, Jiangxi
61 km | +3,542m | ITRA 3pt Sep 27, 2026

Dabie Mountain Changpu Trail Race

Anqing, Anhui
42 km | +2,227m | ITRA 2pt Sep 27, 2026

Yunqiu Mountain Trail Race by UTMB

Xiangning, Shanxi
161 km | +6,500m | ITRA 6pt | UTMB Oct 16, 2026
97 km | +4,400m | ITRA 4pt | UTMB Oct 16, 2026
68 km | +2,600m | ITRA 3pt | UTMB Oct 17, 2026
48 km | +2,400m | ITRA 2pt | UTMB Oct 17, 2026
22 km | +1,500m | ITRA 1pt | UTMB Oct 18, 2026

MaXi-Race China Jiangshan 100 Trail Race

Jiangshan, Zhejiang
105 km Oct 17, 2026

Hangzhou Great Song 108 Trail Race

Hangzhou, Zhejiang
102 km | +5,700m | ITRA 5pt Oct 17, 2026

Lianyungang 168 Super Trail Race

Lianyungang, Jiangsu
168 km | +6,000m | ITRA 6pt Oct 30, 2026

MILLET Jade Dragon Snow Mountain Super Trail Race

Lijiang, Yunnan
101 km | +5,596m | ITRA 5pt Oct 31, 2026

Huangshan Xin'an River 100K Trail Race

Huangshan, Anhui
102 km | +6,300m | ITRA 5pt Oct 31, 2026

Huangshan Huizhou Ancient City Trail Race

Huangshan, Anhui
— Oct 31, 2026

Mount Song Trail Race

Dengfeng, Henan
97 km | +5,022m | ITRA 5pt Oct 31, 2026

KAILAS Mount Siguniang Ultra Trail

Xiaojin, Sichuan
70 km | +3,526m | ITRA 4pt Nov 6, 2026
43 km | +1,670m | ITRA 2pt Nov 6, 2026
99 km | +4,322m | ITRA 4pt Nov 6, 2026
51 km | +2,758m | ITRA 3pt Nov 7, 2026
32 km | +1,675m | ITRA 2pt Nov 7, 2026

Da Shu Dao 100 Trail Race by UTMB

Guangyuan, Sichuan
100 km | +3,970m | ITRA 4pt | UTMB Nov 6, 2026
71 km | +3,280m | ITRA 3pt | UTMB Nov 7, 2026
42 km | +2,050m | ITRA 2pt | UTMB Nov 7, 2026
22 km | +950m | ITRA 1pt | UTMB Nov 8, 2026

Wuxi Yixing Yangxian 100 Trail Challenge

Wuxi, Jiangsu
31 km | +1,867m | ITRA 2pt Nov 7, 2026
52 km | +2,910m | ITRA 3pt Nov 7, 2026
96 km | +5,573m | ITRA 4pt Nov 7, 2026

Zhaoqing 100 Trail Race

Zhaoqing, Guangdong
100 km Nov 7, 2026

Sanqing Mountain Cloud Trail Race

Shangrao, Jiangxi
40 km | +1,864m | ITRA 2pt Nov 8, 2026
20 km | +830m | ITRA 1pt Nov 8, 2026

Kolon Ninghai Trail Challenge

Ningbo, Zhejiang
60 km | +2,400m | ITRA 3pt Nov 13, 2026
100 km | +4,986m | ITRA 4pt Nov 14, 2026
25 km | +618m | ITRA 1pt Nov 15, 2026

Cross Sea and Mountain 100K Trail Race

Taizhou, Zhejiang
58 km | +2,182m | ITRA 3pt Nov 14, 2026
33 km | +1,200m | ITRA 1pt Nov 14, 2026
17 km | +431m Nov 14, 2026
104 km | +4,013m | ITRA 4pt Nov 14, 2026

XTERRA Zhangjiajie Wulingyuan Trail Race

Zhangjiajie, Hunan
— Nov 14, 2026

Guangdong Conghua 100 Trail Race

Guangzhou, Guangdong
100 km Nov 21, 2026

Li River Trail Run

Yangshuo, Guangxi
102 km | +4,917m | ITRA 5pt Nov 21, 2026
50 km | +2,227m | ITRA 2pt Nov 21, 2026
21 km | +898m | ITRA 1pt Nov 21, 2026
10 km Nov 21, 2026

Chongyi 100 Trail Race

Ganzhou, Jiangxi
100 km Nov 21, 2026

West Lake Mountain Running Race

Hangzhou, Zhejiang
30 km | +1,650m | ITRA 2pt Nov 22, 2026

Asia Pacific Trail Running Championship

Nanping, Fujian
80 km Nov 24, 2026

Great Wuyi Super Mountain Trail Race

Nanping, Fujian
100 km | +4,343m | ITRA 4pt Nov 28, 2026

Hezhou Gupo Mountain Trail Race

Hezhou, Guangxi
100 km | +5,810m | ITRA 5pt Nov 28, 2026

NORTHLAND Yangshuo 100 Trail Race

Yangshuo, Guangxi
53 km | +1,321m | ITRA 2pt Dec 5, 2026
11 km | +229m Dec 5, 2026
35 km | +843m | ITRA 1pt Dec 5, 2026
117 km | +3,769m | ITRA 4pt Dec 5, 2026

XTERRA Taihu Trail Challenge

Suzhou, Jiangsu
— Dec 5, 2026

About Hima Run

Hima Run is the most comprehensive trail running calendar for Southeast Asia and China. We cover 8 countries with hundreds of race listings, each verified against official race websites.

Every race listing includes distance, elevation, difficulty rating (KM-Effort), entry fees, registration status, ITRA points, and UTMB index information when available.

Browse the full calendar: hima-run.com/races

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