

Trail Running Guide

Indonesia 2026

47 race distances across 11 events

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At a Glance

Total race distances: 47

Upcoming: 38

ITRA-rated: 45

UTMB Index: 24

Race Calendar

Muria Trail Run

Kudus, Jawa Tengah

45 km | +3,598m | ITRA 3pt | UTMB Aug 2, 2026

15 km | +1,245m | ITRA 1pt | UTMB Aug 2, 2026

8.0 km | +594m | ITRA 0pt | UTMB Aug 2, 2026

30 km | +2,361m | ITRA 2pt | UTMB Aug 2, 2026

Erafone Run Bandung

Bandung Barat, Jawa Barat

5.0 km | +262m | ITRA 0pt Aug 9, 2026

10 km | +452m | ITRA 0pt Aug 9, 2026

Gerem Trail Run

Cilegon, Banten

8.0 km | +540m | ITRA 0pt Aug 9, 2026

14 km | +571m | ITRA 0pt Aug 9, 2026

22 km | +1,186m | ITRA 1pt Aug 9, 2026

BDG 100 Ultra Trail

Bandung, Jawa Barat

163 km | +9,637m | ITRA 6pt | UTMB Aug 28, 2026

42 km | +2,640m | ITRA 2pt | UTMB Aug 29, 2026

70 km | +3,490m | ITRA 3pt | UTMB Aug 29, 2026

100 km | +6,610m | ITRA 4pt | UTMB Aug 29, 2026

13 km | +720m | ITRA 0pt | UTMB Aug 30, 2026

27 km | +1,390m | ITRA 1pt | UTMB Aug 30, 2026

The Mandalika 100

Kuta Mandalika, Nusa Tenggara Barat

25 km | +416m | ITRA 1pt Sep 5, 2026

52 km | +1,302m | ITRA 2pt Sep 5, 2026

120 km | +3,836m | ITRA 5pt Sep 5, 2026

Bromo Marathon

Tosari, Jawa Timur

5.0 km | +241m | ITRA 0pt Sep 6, 2026

10 km | +426m | ITRA 0pt Sep 6, 2026

21 km | +977m | ITRA 1pt Sep 6, 2026

42 km | +193m | ITRA 0pt Sep 6, 2026

VOTCHA Volcano Trail Championship

Subang, Jawa Barat

10 km | +636m | ITRA Opt Sep 13, 2026
5.0 km | +232m | ITRA Opt Sep 13, 2026
25 km | +1,241m | ITRA 1pt | UTMB Sep 13, 2026
0.7 km | +17m | ITRA Opt Sep 13, 2026
45 km | +2,700m | ITRA 2pt | UTMB Sep 13, 2026

Sembalun Mountain Marathon

Sembalun, Nusa Tenggara Barat

42 km | +2,030m | ITRA 2pt Sep 20, 2026
22 km | +731m | ITRA 1pt Sep 20, 2026
7.0 km | +90m Sep 20, 2026

UGM Trail Run

Sleman, DI Yogyakarta

77 km | +2,784m Sep 26, 2026
51 km | +1,944m | ITRA 2pt Sep 26, 2026
7.5 km | +267m | ITRA Opt Sep 27, 2026
30 km | +1,046m | ITRA 1pt Sep 27, 2026
15 km | +539m | ITRA Opt Sep 27, 2026

BTS100

East Java, Jawa Timur

8.0 km | +373m | ITRA Opt | UTMB Nov 7, 2026
18 km | +555m | ITRA Opt | UTMB Nov 7, 2026
35 km | +1,305m | ITRA 2pt | UTMB Nov 7, 2026
70 km | +2,960m | ITRA 3pt | UTMB Nov 7, 2026
100 km | +4,187m | ITRA 4pt | UTMB Nov 7, 2026
170 km | +7,439m | ITRA 6pt | UTMB Nov 7, 2026

Gede Pangrango 100

West Java, Jawa Barat

7.0 km | +350m | ITRA Opt | UTMB Dec 4, 2026
15 km | +1,084m | ITRA 1pt | UTMB Dec 4, 2026
100 km | +10,000m | ITRA 5pt | UTMB Dec 4, 2026
25 km | +2,500m | ITRA 2pt | UTMB Dec 4, 2026
50 km | +5,000m | ITRA 3pt | UTMB Dec 4, 2026
150 km | +15,000m | ITRA 6pt | UTMB Dec 4, 2026

About Hima Run

Hima Run is the most comprehensive trail running calendar for Southeast Asia and China. We cover 8 countries with hundreds of race listings, each verified against official race websites.

Every race listing includes distance, elevation, difficulty rating (KM-Effort), entry fees, registration status, ITRA points, and UTMB index information when available.

Browse the full calendar: hima-run.com/races

Thailand calendar: hima-run.com/races/th

Guides: hima-run.com/guides

This PDF is auto-generated from live race data on Hima Run. Race details are subject to change. Always verify with the official race website before registering.

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