

Trail Running Guide

Vietnam 2026

51 race distances across 11 events

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At a Glance

Total race distances: 51

Upcoming: 46

ITRA-rated: 40

UTMB Index: 19

Race Calendar

Yên Bái Ultra Trail

Quảng Ninh

50 km	ITRA 0pt	Aug 22, 2026
5.0 km	ITRA 0pt	Aug 22, 2026
15 km	ITRA 0pt	Aug 22, 2026
25 km	ITRA 0pt	Aug 22, 2026
70 km	ITRA 0pt	Aug 22, 2026

Vietnam Mountain Marathon

Sapa, Lào Cai

161 km	+8,800m	ITRA 6pt	UTMB	Sep 18, 2026
11 km	+570m	ITRA 0pt	Sep 19, 2026	
100 km	+5,600m	ITRA 5pt	UTMB	Sep 19, 2026
47 km	+2,800m	ITRA 3pt	UTMB	Sep 19, 2026
70 km	+4,000m	ITRA 3pt	UTMB	Sep 19, 2026
21 km	+1,000m	ITRA 1pt	UTMB	Sep 19, 2026

Mucangchai Ultra Trail

Mù Cang Chải, Yên Bái

100 km	UTMB	Oct 3, 2026		
16 km	+620m	ITRA 0pt	UTMB	Oct 4, 2026
26 km	+1,323m	ITRA 1pt	UTMB	Oct 4, 2026
55 km	+2,500m	ITRA 3pt	UTMB	Oct 4, 2026
76 km	+3,646m	ITRA 3pt	UTMB	Oct 4, 2026

Vietnam Jungle Marathon

Pu Luong Nature Reserve, Thanh Hóa

49 km	+2,000m	ITRA 2pt	Oct 17, 2026
11 km	+270m	ITRA 0pt	Oct 17, 2026
25 km	+700m	ITRA 1pt	Oct 17, 2026
68 km	+3,100m	ITRA 3pt	Oct 17, 2026

Gia Lai City Trail

Gia Lai

30 km	+605m	ITRA 1pt	Oct 31, 2026
52 km	+1,741m	ITRA 2pt	Oct 31, 2026
72 km	+2,623m	ITRA 3pt	Oct 31, 2026
6.0 km	ITRA 0pt	Nov 1, 2026	
12 km	ITRA 0pt	Nov 1, 2026	

Lam Dong Trail

Áê BÂ Î&Ö Óng
5.7 km | +163m | ITRA 0pt Nov 7, 2026
15 km | +547m | ITRA 0pt Nov 7, 2026
24 km | +1,022m | ITRA 1pt Nov 7, 2026
56 km | +2,583m | ITRA 3pt | UTMB Nov 7, 2026
84 km | +4,044m | ITRA 4pt | UTMB Nov 7, 2026

Ultra Trail Cao Bang

Cao B ±ng, Cao Bang
100 km Nov 28, 2026
70 km Nov 29, 2026
25 km Nov 29, 2026
10 km Nov 29, 2026
42 km Nov 29, 2026

Dinh Lap Eco-Trail

Ææ, Âê× , L įng S à
7.0 km Dec 6, 2026

Cuc Phuong Jungle Paths

Nho Quan, Ninh Binh
75 km | +2,500m | ITRA 3pt Dec 26, 2026
100 km | +3,500m | ITRA 4pt Dec 26, 2026
42 km | +1,200m | ITRA 2pt Dec 27, 2026
10 km | +200m | ITRA 0pt Dec 27, 2026
25 km | +700m | ITRA 1pt Dec 27, 2026

Vietnam Highlands Trail by UTMB

Áê BÂ Î&Ö Óng
104 km | +5,533m | ITRA 5pt | UTMB Jan 9, 2027
56 km | +2,946m | ITRA 3pt | UTMB Jan 9, 2027
24 km | +1,113m | UTMB Jan 9, 2027
11 km | +486m | UTMB Jan 9, 2027
5.0 km | +50m | UTMB Jan 10, 2027

Vietnam Trail Marathon

M Ûc Châu, Son La
11 km | +320m | ITRA 0pt Jan 16, 2027
5.0 km | +160m | ITRA 0pt Jan 16, 2027
67 km | +2,800m | ITRA 3pt | UTMB Jan 16, 2027
22 km | +1,000m | ITRA 1pt | UTMB Jan 16, 2027
42 km Jan 16, 2027

About Hima Run

Hima Run is the most comprehensive trail running calendar for Southeast Asia and China. We cover 8 countries with hundreds of race listings, each verified against official race websites.

Every race listing includes distance, elevation, difficulty rating (KM-Effort), entry fees, registration status, ITRA points, and UTMB index information when available.

Browse the full calendar: hima-run.com/races

Thailand calendar: hima-run.com/races/th

Guides: hima-run.com/guides

This PDF is auto-generated from live race data on Hima Run. Race details are subject to change. Always verify with the official race website before registering.

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